



Thank you for your interest in becoming a volunteer at Carlisle Foodbank. So that we can process your application, please complete the form below.

Contact Details

Name		
Address		
Postcode		
Date of Birth		
Telephone No.		
Email		

I would be interested in helping in the following area(s):

- Welcoming and chatting to clients/ distribution of food bags
- Sorting food stock and making up food bags
- Collecting donations from Supermarkets, Churches and Schools

I am available for:

- Regular weekly commitment during Foodbank opening times from 1pm – 3pm on

Monday Wednesday Friday

- One Off Events (e.g. sorting large donations at Harvest Festival)

- Other (e.g. once a fortnight)



Why would you would like to volunteer at Carlisle Foodbank?

We are keen to develop new volunteer opportunities. Please list any skills you think could be useful in our work.

Do you have any criminal convictions? (Except those "spent" under the Rehabilitation of Offenders Act).

Yes No

If YES, please give details:

References

Please give details of two people who are willing to provide a reference for you.

	Referee 1	Referee 2
Name		
Address		
Postcode		
Telephone No.		
Email		
Relationship		

Signature _____ Date _____

Please return completed form:

By email to - **hello@carlislefoodbank.org.uk**

Or by post to - Foodbank Manager, Carlisle Foodbank, The Courts, Nisi Prius Building, Carlisle CA3 8LZ